



June

Weekly
Tuesday

Walk & Talk

10.30am at the Church carpark. Everybody is welcome! Contact catherine@trimfrc.ie for more info

Wednesday
& Friday

Failte Isteach

Conversational English Classes.
Wed: 7pm - 9pm at The Bungalow.
Fri: 10am - 12pm At Trim Library.

Thursday

Babies & Bumps

9.45 - 10.30am - For Parents and children up to 12 months old and Mums to be at the Bungalow. Toddlergroup@trimfrc.ie

Thursday

Parent Toddler Group

10:45 - 11:30pm. For Parents and children 1 to 3 years' old in the Bungalow. Fun games and plenty of singing! Toddlergroup@trimfrc.ie

Friday

Mens Music Group

6:30 - 8:30pm at The Bungalow. A chance to play music and meet with other men in a friendly environment.



Name & Logo Survey

We would greatly value your feedback and invite you to share your thoughts regarding possible changes to our name and logo.

Tuesday
2nd

Zero Tolerance Group

2:00- 4:00pm in The Bungalow. Working group for Meath Womens Refuge Zero Tolerance Campaign.

Tuesday
2nd

Trim Adult Social Club

7:00pm - 8:30pm in The Bungalow. A place for social games, refreshments and a space for chats. Open to all adults.

Sunday
7th & 21st

The Rewind Film Club

4:00 - 6:00pm at The Bungalow. Film club where everyone watches the chosen movie in their own time and meet to discuss with others.

Thursday
11th & 25th

Summerhill Adult Social Club

10:00am - 12:00pm at The Summerhill Community Centre. A place for social games, refreshments and a space for chats. Open to all adults.

Tuesday
16th

Parent Support Group

10:00 - 11:30am at Trim Library.
Open to all parents of children with a disability or additional needs.



Strategic Plan Survey

As we develop our Strategic Plan, we are seeking input from the community to help shape our priorities and services

Scan the QR Code to Register Interest For:

Social Prescribing - Hoping to improve your health & wellbeing and not sure where to start? Find out about community supports and activities by contacting socialprescribing@trimfrc.ie or call 046 9438850.

Drop-In Family Support - A welcoming and non-judgmental space where you can access assistance, guidance, and resources. Drop in or contact diane@trimfrc.ie to arrange an appointment.

Level Up - For young people 16 - 24 years old who are currently out of employment or education and are in need of extra supports. Contact jackie@trimfrc.ie or call 087 3898818.

Counselling - For young people aged 12 - 17 years old and adults over 18.
Contact counselling@trimfrc.ie.

...and many more programmes!



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