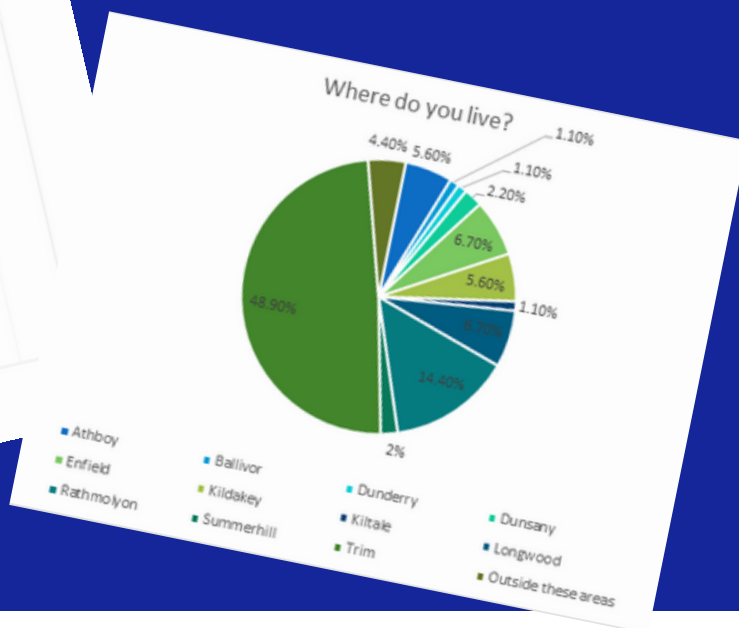
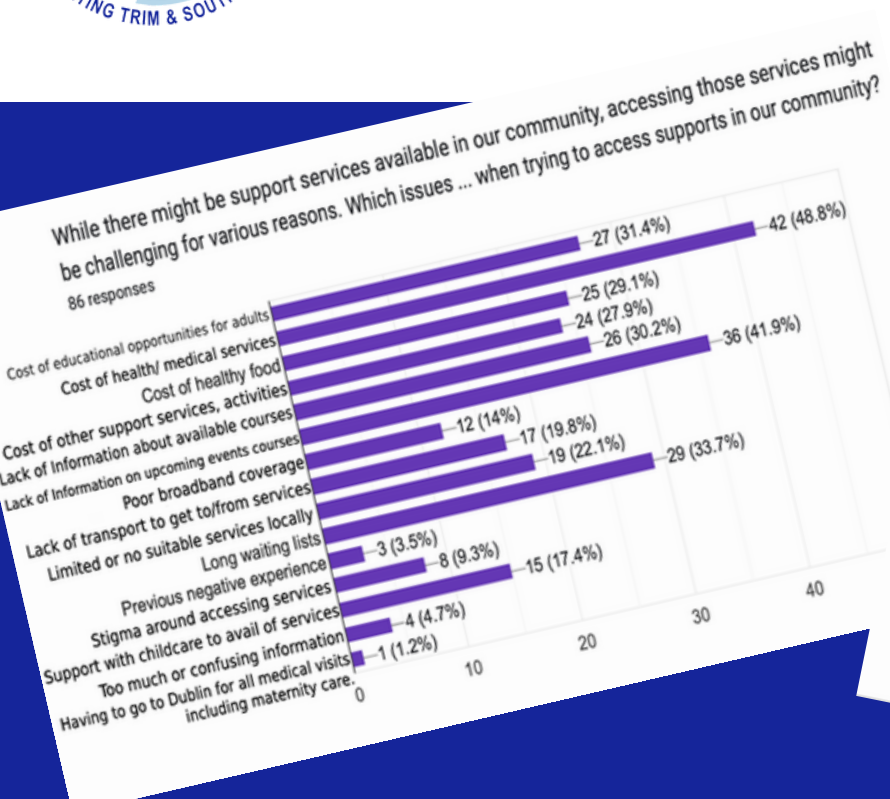




TRIM FAMILY RESOURCE CENTRE 2022 ANNUAL REPORT



COMMUNITY CONSULTATION

At the start of 2022, we embarked on a journey of finding out what the needs of community members, families, volunteers and community groups are in Trim and South Meath. The feedback received from 115 individuals and 13 agencies gave us an insight into what we need to focus on while continuing to offer the supports to a fast growing diverse population in the surrounding areas. The responses helped us to shape our 2023-25 Strategic Plan launched on 19th October 2022.

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CELEBRATING A YEAR OF ACHIEVEMENTS AND UNITY AT TRIM FAMILY RESOURCE CENTRE

As we reflect upon the past year, I cannot help but feel an overwhelming sense of pride and gratitude for the remarkable journey we embarked upon together. It has truly been an incredible year of accomplishments, collaboration, and community spirit.

I want to extend my heartfelt appreciation to each and every one of you - our dedicated staff members and passionate volunteers. Your unwavering commitment to our shared vision has been the driving force behind what we achieved in 2022.

In particular, our Coordinator Justyna and all staff members Brandon, Caroline, Catherine, Elaine, Fionnuala, Gerry, Jackie, Kate, Kathrin, Maryrose, Ollie, Paddy, Pdraig, and Stephen that make Trim FRC such an important and special place for so many people that we assist every single day in projects that span from Community Food Bank, one-to-one family support, finance advice, low cost counselling, wellbeing courses, English classes, piano classes, youth clubs and other

One of the most significant achievements of last year has been our commitment to fostering inclusion and diversity within our Trim and South Meath community. We worked tirelessly to create an environment where every voice is heard, every perspective is valued, and every person feels welcomed. Our centre is a true reflection of the beautiful diversity that enriches our amazing local community.

I am especially proud to serve as the Chairperson of this remarkable organisation as a proudly gay foreigner in this wonderful country and community. Your warm welcome and support have reinforced my belief in the power of unity and collaboration, transcending borders, and backgrounds. That together we are stronger and we can dream and more important make them a reality.

Together, we not only achieved our goals but also set new standards for what a community-based centre can represent. We have created a space where everyone feels at home, where differences are celebrated, and where the spirit of togetherness prevails.

As we look ahead to the future, I am filled with excitement and optimism for what we have accomplished together. Let's continue to build upon the strong foundation we've laid, reach new heights, and inspire positive change in the lives of all who call Trim and South Meath their home.

Thank you to all our partners: TUSLA Child and Family Agency, Community Foundation for Ireland, Axa Insurance Ireland, Irish Youth Foundation, McDonald's Ireland, Bank of Ireland, The RTÉ Toy Show Appeal, HSE National Lottery Scheme, CYPCS, Pobal, Meath County Childcare Committee, Meath County Council, Raspberry Pi Foundation, LMETB Reach Fund, Department of Social Protection SMD Programme, Food Cloud, Tesco, Aldi, Lidl, Neighbourly Limited, M&S, Trinity College Dublin, Maynooth University, TU Blanchardstown, Crann Support Group, Department of Social Protection Tús initiative and CE programme, PROSPER, CFSN, Springboard, Cultúr Migrants Centre, Involve Youth Project, MCDAR, SMART Project, Trim SEC, Youth Work Ireland Meath, fellow FRCs in Meath - Kells FRC, East Coast FRC and Navan FRC, and all local donors and schools for believing in our potential to deliver diverse projects and support our local community.

Last but not least I would like to say thank you for all Board members, for their time and for believing that together we are stronger, thank you Ronan, Jacinta, Mark, Grainne, Eoin, Charlotte, Matthew, Joyce, Jackie, Nita, Andy and Monica, and all the others before us that built this amazing centre and gave us the pleasure to keep moving this amazing dream, the ones who worked with the community in making Trim FRC an open and inclusive organisation.

Thank you for an amazing year, and here's to many more filled with unity, diversity, and success!

With profound appreciation,
Juracy Antunes
Chairperson,
Trim Family Resource Centre



PROJECT ACTIVITIES IN 2022

ENGLISH LANGUAGE COURSES

64
SESSIONS

46
PARTICIPANTS

IT & COMPUTER CLASSES

17
SESSIONS

21
PARTICIPANTS

ADULT AND COMMUNITY EDUCATION

23
SESSIONS

15
PARTICIPANTS

HEALTH AND WELLBEING

71
SESSIONS

233
PARTICIPANTS

FAMILY SUPPORT PROVIDED TO

81
ADULTS

119
CHILDREN

COUNSELLING SESSIONS

416
SESSIONS

20
ADULTS

32
CHILDREN

SUMMER/ EASTER PROGRAMMES

30
SESSIONS

420
CHILDREN

FOOD BANK

1418
FOOD PARCELS

96
ADULTS

66
CHILDREN

261

NUMBER OF ADULTS FOR WHOM A NEED, ISSUE OR ENTITLEMENT WAS IDENTIFIED

197

NUMBER OF CHILDREN FOR WHOM A NEED, ISSUE OR ENTITLEMENT WAS IDENTIFIED

30

NUMBER OF PEOPLE FOR WHOM MENTAL HEALTH WAS IDENTIFIED AS NEED OR PRIORITY

33

NUMBER OF ADULTS DIRECTED TO A SERVICE/SUPPORT/COURSE

12

CHILDREN WHO ATTENDED RAINBOWS PROGRAMMES

10

CHILDREN WHO ATTENDED RASPBERRY PI PROGRAMME

30

ADULTS WHO APPLIED FOR SENIOR ALERT SCHEME

2

NUMBER OF AWARDS



EMBRACING COMMUNITIES

19TH OCTOBER 2022



We organised an 'Embracing Communities' event to showcase how inter-agency collaboration and community development approach to addressing the needs of a local community can create change. Board member Mark Keane and Project Coordinator Justyna Doherty launched a 3-year Strategic Plan 2023-25 outlining the work that Trim FRC intends to carry out in collaboration with the South Meath community, and the local and national partners.

The level of support shown by over 30 local, county and national organisations we partner with was a testament to over 20 years of work accomplished by Trim FRC staff and volunteers. Live performances from Singing for Wellbeing and Dancing groups, and guest speakers from both community and funding sectors brought to light the successes and challenges faced by many organisations in a wider community and voluntary sector.

Thank you to our Board of Directors in 2022:

**Retired: Joyce Goode,
Nita Finnerty**

**Appointed: Charlotte Reilly,
Matthew Butterly, Andy Ogle**

Re-elected: Juracy Antunes (Chairperson), Gráinne Dunne (Secretary), Eoin Forrestal (Treasurer), Ronan Moore, Mark Keane, Jacinta Kielty, Jackie Horan

